

Stalking Behavior Checklist

“Tracking” to Find Target	
<p>Stalker</p> <p>___(T01) Following ___(T02) Mutual friends ___(T03) Family of the target ___(T04) Family of the stalker ___(T05) Cruising ___(T06) Children ___(T07) Custody battles ___(T08) Telephones</p>	<p>Third parties</p> <p>___(T09) Private investigator ___(T10) Friends</p> <p>Agencies</p> <p>___(T11) Target's employer ___(T12) Department of Motor Vehicles ___(T13) Post office ___(T14) Social services ___(T15) Telephone and utility companies ___(T16) Pizza delivery</p>
Information “Gathering” When Stalker Knows Location of Target	
<p>Stalker</p> <p>___(G01) Following ___(G02) Going to where she will be ___(G03) Children ___(G04) Mutual friends ___(G05) Family of the target ___(G06) Family of the stalker ___(G07) Telephone interrogation ___(G08) Sitting outside of home ___(G09) Peeping ___(G10) Eaves-dropping ___(G11) Medical records ___(G12) Checking ash trays and trash ___(G13) Checking victim's purse</p>	<p>___(G14) Reading victim's journals ___(G15) Reading victim's check register ___(G16) Law suites-deposition ___(G17) Custody battles</p> <p>Third parties</p> <p>___(G18) Private investigator ___(G19) Friends</p> <p>Agencies</p> <p>___(G20) Target's employers ___(G21) Department of Motor Vehicles ___(G22) Post Office ___(G23) Social services</p>
For Domestic Violence: “Crimes Committed” on Victim While Separated	
<p>___(C01) Violation of restraining order ___(C02) Violation of no contact order ___(C03) Harassment ___(C04) Burglary ___(C05) Criminal trespass ___(C06) Destruction of property</p>	<p>___(C07) Death threats, physical harm, bombing ___(C08) Disturbing peace or disorderly conduct ___(C09) Assault or battery ___(C10) Arson ___(C11) Theft</p>
Terrorist Activities or “Punishment”	
<p>___(P01) Leaving objects: wood chips; feces; prizes; object tied to car; love notes; hate mail ___(P02) Attempts to destroy reputation: letters, flyers, dissemination of private information, distortion of truth or facts ___(P03) False or misleading reports to authorities ___(P04) Killing or stealing pets</p>	<p>___(P05) Watching or following ___(P06) Drive-bys ___(P07) Tying up telephone/fax ___(P08) Destruction of property ___(P09) Symbolic messages</p>

Behaviors Specific to Stalkers While in the “Relationship”

- ___(R01) Interrogation of victim
- ___(R02) Interrogation of children
- ___(R03) Checking mileage
- ___(R04) Timing victim's activities
- ___(R05) Peeping
- ___(R06) Eaves-dropping
- ___(R07) Medical records

- ___(R08) Checks drawers in home for evidence
- ___(R09) Checking ash trays and trash
- ___(R10) Checking victim's purse
- ___(R11) Reading victim's journals
- ___(R12) Reading victim's check register
- ___(R13) Putting something in or on the home so he can know if she comes or goes

Obsessive “Behavior” Checklist

- ___(B01) Suicidal
- ___(B02) Homicidal
- ___(B03) Not eating
- ___(B04) Not sleeping
- ___(B05) Not working
- ___(B06) No activities
- ___(B07) Isolated
- ___(B08) In therapy, focuses on target
- ___(B09) In therapy, focuses on plans for reconciliation
- ___(B10) Intrusive thoughts: she is having sex with others

- ___(B11) Repeated attempts to contact victim
- ___(B12) Focuses on plans for reattachment, vindication, or revenge
- ___(B13) Reduced cognitive functions, i.e. problem solving
- ___(B14) Unable to acknowledge options— rigid
- ___(B15) Unable to break-out of feelings of narcissistic injury
- ___(B16) Profound feelings of betrayal, abandonment, or annihilation
- ___(B17) Short-view time frame for future
- ___(B18) Depression

Stalking Behavior Present: _____ YES _____ NO

Types of Stalking Behaviors Present:

- “Tracking” to Find Target
- Information “Gathering” When Stalker Knows Location of Target
- For Domestic Violence: “Crimes Committed” on Victim While Separated
- Terrorist Activities or “Punishment”
- Behaviors Specific to Stalkers While in the “Relationship”
- Obsessive “Behavior” Checklist

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